



OFFICE OF COMMUNITY &
ECONOMIC DEVELOPMENT
Collaborative solutions for a promising future

Washtenaw County Meals on Wheels & Senior Café

meet up eat up & make friends

program locations

ann arbor

- Adult Day Services, The Oaks | 2500 S. Main Street | (734) 662-4001
- Ann Arbor Meals on Wheels | (Home Delivered Meals) | (734) 998-6686
- Bakers Commons | 106 Packard | (734) 794-6720
- Jewish Community Center | 2935 Birch Hollow | (734) 971-0990
- Pittsfield Senior Center | 701 W. Ellsworth | (734) 822-2117
- Silver Club/Turner | 2401 Plymouth Rd., Suite C | (734) 998-9352
- Turner Senior Wellness | 2401 Plymouth Rd., Suite C | (734) 998-9353

chelsea

- Chelsea Senior Center | 512 E. Washington | (734) 475-9242

dexter

- Dexter Senior Center | 7720 Ann Arbor Street | (734) 426-7737

milan

- Milan Seniors for Healthy Living | 45 Neckel Court | (734) 508-6229

northfield township

- Northfield Township Cmty. Ctr. | 9101 N. Main St. | (734) 449-2295

ypsilanti

- Lincoln Golden Ages Seniors | 8970 Whittaker Road | (734) 483-8366
- Ypsilanti Meals on Wheels | (Home Delivered Meals) | (734) 487-9669
- Ypsilanti Senior Center | 1015 Congress Street | (734) 483-5014
- Ypsilanti Township Cmty. Ctr. | 2025 E. Clark Rd. | (734) 544-3838

Senior Hunger

Everyday, 12,000 individuals turn 60. This fast-growing senior population increasingly struggles to stay independent and healthy with limited or regular access to affordable, nutritious food.

How Meals on Wheels Helps

Washtenaw County Meals on Wheels (MOW) delivers healthy meals to homebound seniors 60+ who are unable to prepare their own meals. Meals are delivered to qualifying seniors, Monday through Friday by volunteers who provide short periods of conversation and companionship.

Senior Café sites provide a place for seniors to gather and enjoy healthy food, great conversation and learn something new.

Did you know:

- Nationally, 1 in 6 seniors struggles with hunger
- In Michigan:
 - **551,869** seniors are isolated & living alone
 - **324,339** seniors are threatened by hunger
 - **574,417** seniors are living in or near poverty
 - 81% of seniors say MOW improves their health
 - 92% of seniors say MOW allows them to stay in their home

Meal Cost

MOW and Senior Café programs provide meals for a recommended donation of \$3 for seniors 60+. **No one 60+ is turned away for inability to pay.** Guests under 60 are welcome at a cost of \$5.50/meal.

Become A Program Partner

Washtenaw County Meals on Wheels and Senior Café Program is looking for program partners:

- To a host and/or volunteer at a MOW or Senior Café site in Manchester.
- To provide meals, for home delivery & Senior Café sites in the Manchester & Whitmore Lake areas.
- Interested in developing a “voucher” program so low-income seniors can dine locally in Washtenaw County restaurants.
- To donate gas cards for volunteers using their own vehicles for meal delivery.

Support Your Local Meal Site

Washtenaw County Meals on Wheels and Senior Café sites provide 252,000+ meals annually to more than 2,000 Washtenaw County seniors. While we depend on federal, state and local funding to help us feed seniors in our community, it does not cover the entire cost of providing seniors nutritious meals. **Please consider supporting Washtenaw County Meals on Wheels and Senior Café.**

- **\$35** provides senior meals for a **Week.**
- **\$150** provides senior meals for a **Month.**
- **\$1,800** provides senior meals for a **Year.**

Contact

Marti Lachapell

Washtenaw County Office of Community & Economic Development
(734) 544-2977 | lachapellm@ewashtenaw.org

Washtenaw County Meals on Wheels & Senior Café Program is funded in whole or in part by the Federal Older Americans Act and the Aging and Adult Services Agency through the Area Agency on Aging 1-B. Washtenaw County Meals on Wheels & Senior Café Program complies with the terms regulations of the Title V of the Civil Rights Act of 1964 as amended and Section 504 of the Social Rehabilitation Act of 1973 and is an Equal opportunity employer program. Reasonable accommodation will be provided upon notification or request.